

2021

January

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

February

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

May

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

June

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

July

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

September

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

October

S	M	T	W	T	F	S
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

November

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

December

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



IT ONLY TAKES
5 MINUTES TO
HAVE A
HEALTHY
SNACK. BE SURE
TO STOCK UP
ON YOUR
FAVOURITES.

There are never
more than **24**
hours in a day.
Don't try to
pretend
otherwise ☺

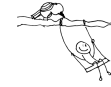
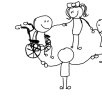
3 deep
breaths can
calm you
down. Try it
right now.
Don't you
feel better?

100% of
teachers feel
overwhelmed
from time to
time. Know you
are not alone
and it's OK, OK?

ZERO- Number
of people who
will benefit if
you burn out.
Taking care of
YOURSELF is
not a selfish
act.

You only
need **1** other
person to
start a
support group.
Is there
someone you
can ask for
help today?





>>>>> **January 2021**

Intention for the month:

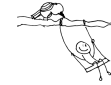


Happiness is when what you think, what you say, and what you do are in harmony. - M.K. Gandhi

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	NOTES TO SELF
27	28	29	30	31	1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31	1	2	3	4	5	6	

Republic Day





>>>>> February 2021

Intention for the month:

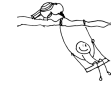
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	1	2	3	4	5	6

NOTES TO SELF



Right education should help the student, not only to develop his capacities, but to understand his own highest interest.- J. Krishnamurti





>>>>> **March 2021**

Intention for the month:

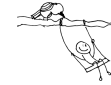


Children aren't coloring books. You don't get to fill them with your favorite colors. - Khaled Hosseini

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29 <i>Holi</i>	30	31	1	2	3

NOTES TO SELF





>>>>> April 2021

Intention for the month:



Teaching is awakening young minds to moral principles, ways of knowing and modes of action so that they can find their own path and pursue it with confidence. – Rohit Dhankar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2 Good Friday	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21 Ram Navami	22	23	24
25 Mahavir Jayanti	26	27	28	29	30	1

NOTES TO SELF





>>>> May 2021

Intention for the month:

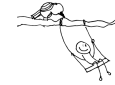


Perfect health, sincerity, honesty, straightforwardness, courage, disinterestedness, unselfishness, patience, endurance, perseverance, peace, calm, self-control are all things that are taught infinitely better by example than by beautiful speeches. - Sri Aurobindo

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31	1	2	3	4	5

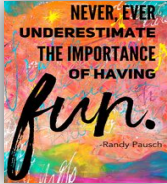
NOTES TO SELF





>>>>> June 2021

Intention for the month:

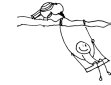
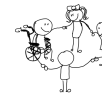


I am not doomed to live life as it is but I can make it the way I want. During my lifetime I am capable of changing the world as much as the world has changed me. Professor Krishna Kumar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	1	2	3

NOTES TO SELF





>>>>> July 2021

Intention for the month:



There can be no keener revelation of a society's soul than the way in which it treats its children. – Nelson Mandela

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

NOTES TO SELF





>>>>> **August 2021**

Intention for the month:

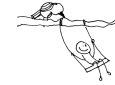


If we are to teach real peace in this world, and if we are to carry on a real war against war, we shall have to begin with the children. – M.K. Gandhi

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15 <i>Independence Day</i>	16	17	18	19 <i>Muharram</i>	20	21
22	23	24	25	26	27	28
29	30 <i>Janmashtami</i>	31	1	2	3	4

NOTES TO SELF





>>>>> **September 2021**

Intention for the month:

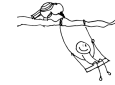
WE
are
WHAT WE
repeatedly
DO.

Grown-ups never understand anything by themselves,
and it is tiresome for children to be always and forever
explaining things to them. - Antoine de Saint-Exupéry

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

NOTES TO SELF





>>>>> **October 2021**

Intention for the month:

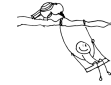
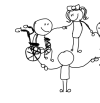
Teaching children: Kindness, empathy and compassion are not simply a lesson learnt in the classroom. They are values that children need to see and experience frequently.

The highest education is that which does not merely give us information but makes our life in harmony with all existence. - Rabindranath Tagore

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1	2 M.K. Gandhi's Birthday
3	4	5	6	7	8	9
10	11	12	13	14	15 Dussehra	16
17	18	19 Id-e-Milad	20	21	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

NOTES TO SELF





>>>>> **November 2021**

Intention for the month:

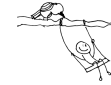


It is time for parents to teach young people that in diversity there is beauty and there is strength. -Maya Angelou

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4 <i>Diwali</i>	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19 <i>Guru Nanak's Birthday</i>	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

NOTES TO SELF





>>>>> **December 2021**

Intention for the month:



One of the pre-requisites for children becoming proactive and responsible citizens is the availability of enough role models inside and outside the school. - Azim Premji

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1 <i>Christmas</i>

NOTES TO SELF

